

Project name	Feeding Healthy Food to Kids (FHK)	The Melbourne INFANT Program	INFANT Extend	Nourish	Family @ Play	Time 2B Healthy	Happy
Researchers (1ST listed is main contact person)	Kerith Duncanson Prof Clare Collins Dr Tracy Burrows	Dr Kylie Hesketh Dr Karen Campbell et al	Dr Kylie Hesketh Dr Karen Campbell et al	Prof Lynne Daniels Dr Kimberley Mallan Dr Anthea Margarey et al	Dr Trina Hinkley Prof Tony Okely Dr Dylan Cliff	Dr Rachel Jones Prof Tony Okely Prof Lori Lockyer	Dr Trina Hinkley Dr Kylie Hesketh
Targets parents (who)	Parents of 0-5 years	First time parents	First time parents	First time mothers	Parents	Parents of 2-5 year old children	Parent report cohort
Age of children	0-5 years	3-18 months	3 months to 3 years	4 months - 5 years (follow-up)	2-3	2-5 years	3-5 baseline, 6-8 follow-up
Design	RCT Mixed methods / Qualitative	Cluster RCTs	Cluster RCTs	RCT	Pilot	Online program-pilot RCT	Cohort, survey, accelerometry
Setting	Community	First time parent groups	First time parent groups	Community	Family @ Play	Online program-pilot RCT	Recruited through preschools & childcare
Intervention mode and components	RCT self-directed nutrition & parenting resource dissemination. Qualitative study- parents perceptions of child feeding			2x6 sessions at 4-6 & 13-16 months group based	SMS, group sessions, rules neural networks, activPAL, survey	5 modules. SCT used as theoretical framework. Includes goal setting, self-monitoring & developing parent self-efficacy online for cms and health professional contact	Cohort parent practices include rules etc. n~100 for social and emotional skills, child QoL & perceived physical competence at follow-up
Stage of completion	12 month outcomes results under review	Completed	In progress	Follow-up at 3.5 years completed	IV complete data entry	Feasibility trial completed	Follow-up data collection complete early 2013
Primary outcome	Dietary intake (children) child feeding practices (parents)	Diet, PA, Parent SE	BMI	Child feeding practices, dietary intake, eating behaviour, BMIZ etc.	Screen time	Pilot RCT planned 2013 BMI	PA/SB
Parenting-related measures	LSAC parenting measures, child feeding	Mixed-CFPQ (Musher-Eizenman), Self-efficacy (purpose designed)	Knowledge of child feeding and nutrition (purpose designed)	LSAC dimensions/child feeding practices	Parenting practices	Parent self-efficacy around physical activity and diet knowledge	Rules
Length of follow-up	12 months	To age 5 years	To age 3 years	To 5 years of age	10 weeks post IV		3 years
Publications	*	**		***		****	*****

*Study protocol BMC Public Health 2012: SR parenting style & child feeding under RV. 12 month outcomes under review. Qualitative study under review.

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